



Get Connected. Get Answers.

United Ways of New Hampshire—Lead State Partner

Your link to resources.

**Get Help, Give Help,
Discover Options.**

2-1-1 is the number to dial for information about health and human services and organizations in your community.

By dialing **2-1-1**, information is much easier to find.

2-1-1 is:

- A free call from anywhere in New Hampshire
- A free and confidential service
- Person-to-person assistance
- Language translation available

Just dial 2-1-1.

Toll free outside New Hampshire: 1-866-444-4211

TTY line: 1-603-634-3388

www.211nh.org



The State of
New Hampshire



Public Service
of New Hampshire
The Northeast Utilities System



In partnership with



Citizens Bank
Foundation



EXETER HOSPITAL
The Art of Healing



NEW HAMPSHIRE
CHARITABLE FOUNDATION

A partnership between United Ways of New Hampshire and Public Service Company of New Hampshire.

2-1-1 has received support and commitments from the State of NH, Citizens Bank, the New Hampshire Charitable Foundation and Exeter Hospital.

For everyday needs and difficult times, **2-1-1** is *your connection* to thousands of resources across New Hampshire.

- Child Care Resource and Referral
- Clothing and Thrift Shops
- Consumer Services
- Crisis Services
- Discrimination Assistance
- Domestic and Sexual Violence Services
- Education—GED Instruction, Computer Classes
- Employment Services
- Food Shelves and Nutrition Programs
- Health Care Services
- Alcohol and Drug Programs
- Housing—Homeless Prevention, Shelter, Tenants' Rights
- Independent Living Services
- Legal Assistance
- Mental Health Care and Counseling
- Mentoring
- Military, Family and Community Network
- Parenting Programs
- Senior Information & Assistance
- Stop Smoking Programs
- Support Groups
- Transportation
- Utility Assistance
- Youth and Family Services
- Veteran Services
- Volunteering
- Wellness Programs
- And More...

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